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Healings Through Medical Intuition

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Abstract

Medical Intuition is the ability to discern information about a person's physical, emotional and spiritual wellbeing using only intuitive abilities. Katie Beecher, MS is a Licensed Professional Counselor and a Medical Intuitive who is able to "read" people in great detail with a very high rate of accuracy before ever meeting them, using just their name and age. She discovered that she had medical intuitive and also mediumistic abilities after overcoming the effects of years of traumatic situations. This article details her particular and unique methods of conducting readings, gives examples of client cases with evidence of accuracy from medical records and letters from physicians. It also discusses possible underlying reasons why people become ill and how Katie's services have helped her clients get back on the road to recovery.

Key words: medical intuitive, Katie Beecher, intuitive drawings, Alternative health, recovery, chronic illness

Background

Everyone who grows up in a dysfunctional family and subsequently struggles with various issues probably wonders what it was ultimately all for. It feels like so much unnecessary pain and hurt could be avoided if parents would put the needs of their children ahead of their own.

My issues took the form of depression and bulimia starting at age twelve, but I didn't get help until I was 16. I started to realize after being in therapy for a few months that there was a purpose for the pain, immediately for myself and later to help others. It sounds cliché but that is truly how I have always felt. It was a power greater than myself that was the driving force behind me seeking help and recovering. I don't know of many 16 year-old girls who recognize that they have a problem, then finds a therapist and pays for that therapist on her own without telling her parents. As incredibly difficult as recovery from bulimia was, it helped me to separate from the dysfunctional thought patterns and behaviors of my family members. It helped me to not only accept but also to appreciate the person who had been pushed down for so long, and most importantly to find her again.

After getting my Bachelor's degree, I got a Master's in counseling, two teaching certifications in Special Education and School Psychology, and I became a Licensed Professional Counselor. I have now been a therapist for over twenty-five years. I would describe myself as an intuitive counselor and

modeled my style after that of Psychiatrist Carl Jung, using many of his techniques such as dream interpretation, art therapy and teaching people to dialogue with their intuition.

While in treatment for my eating disorder, I was fortunate to find a therapist who was trained at the Jungian Institute. One of the hallmarks of Jungian therapy is teaching people to talk to and trust their intuition. My therapist taught me to connect with “God within” and I learned that I was never alone. I believe that the use of this technique (rather than behavioral or other commonly used methodologies used with eating disorders) is why I have been recovered for over 30 years.

I knew I had some sort of empathic abilities from a young age. I was very emotionally sensitive, easily picked up other people’s feelings, often anticipated events that later happened and had the ability to sense evil. I remember starting to have contact with “evil beings” around the age of ten. I felt them all around, especially in my room. I didn’t feel like I trusted anyone enough to talk about my abilities or what I was seeing. I also felt like if I did, it would make the evil forces stronger. Because of these fears, I tried to pretend I didn’t have any “psychic” abilities.

I don’t remember exactly when I decided to come to terms with my abilities but I distinctly remember being in a session with an eating disordered client. We were discussing the technique of communicating with her intuition but she couldn’t relate so I suggested she talk with her Grandmother who had passed away instead. . I pretended to be her grandmother and we did a role-play. All of a sudden I started “channeling” this client’s grandmother. I was seeing scenes inside the client’s grandmother’s house and saying things her grandmother had said to her. I described the attic the client had played in when she was young and also her favorite doll. This client had been trying for years unsuccessfully to get pregnant and asked her grandmother for help. A month and a half later she called and told me that she was pregnant. I can’t say with any certainty that this episode was connected to her pregnancy but the timing is interesting.

This happened about fifteen years ago. I didn’t even think about becoming a Medical Intuitive until twelve years later. Those twelve years were some of the most difficult of my life. They also taught me how strong I am, and I believe that every second of that stressful period of time served to shape my abilities and my decision to become a Medical Intuitive.

What is a Medical Intuitive?

My definition of a Medical Intuitive is someone who discerns a person’s physical and emotional state using only intuitive ability. All Medical Intuitives employ somewhat different methods and styles of work but most of us examine how the physical and emotional states relate to each other and how they affect a person’s life overall. Most receive information from guides, which I do. I receive information from loved ones who have passed, as well, because I have mediumistic abilities.

How I became a Medical Intuitive

I became a Medical Intuitive after attending a workshop by world renowned Medical Intuitive Dr. Mona Lisa Schulz. I don’t recall how or when I first learned about Dr. Mona Lisa, but three years ago I was looking for a new direction. I had spent the previous nine years dealing with serious health issues of family members, my own health issues, economic changes and a dysfunctional family. Much of the stress in my life stemmed from caring for my paralyzed mother and the dysfunctional extended family situation that often occurs when someone becomes seriously ill. According to psychologists, judges, law enforcement, doctors and priests, ours was one of the most horrendous they had ever seen. Thankfully, my husband and daughters couldn’t have been more supportive.

These experiences changed me. At 47 years old, what many other people really cared about mattered, very little to me. I had different priorities – like valuing people and relationships more than ‘things.’ I also looked at life from a more spiritual perspective I sometimes thought I would never find my way. I wasn’t content being a nationally exhibited watercolor artist anymore and didn’t want to go back to doing counseling but I had no idea where my path would lead.

I noticed on the internet that Dr. Mona Lisa was giving a three-day workshop nearby and decided to take it. She was going to be demonstrating and teaching her method of Medical Intuition using just a first name and age as identifiers, and then filling in a chart, based on emotional and physical characteristics of each of the person’s chakras. The seven Chakras are the energy centers along the midline of our body. Blocked energy in any of the chakras can often lead to illness, so it’s important to understand what each chakra represents and what we can do to keep this energy flowing freely.

During the first day, she gave us a series of names and ages of people and animals that none of us knew, and told us to tell her everything we could about them. To my surprise, I was able to tell quite a lot. By the end of the first day, Dr. Mona Lisa, as she is called said that I had a natural ability for medical intuition. After some training classes with Dr. Mona Lisa online and reading more of her books, plus taking live workshops with other intuitives and mediums, I started doing readings and learned that I was indeed very accurate.

I now realize that many other events and choices in my life led up to my current career. Let me share some specific examples.

I have always been fascinated by the human body and planned to go to medical school but knew that a person recovering from an eating disorder wasn’t going to do well in an environment that demanded 110% from residents and interns. My interest was sparked again while I was caring for my mother after she contracted Guillain Barre and had three strokes shortly after receiving a flu vaccine. I was responsible for her care 24 hours a day for nearly five years and learned about autoimmune and neurological diseases, the brain, physical and visual therapy, vaccine injuries and traditional as well as alternative therapies.

One of the most valuable lessons I took from this experience is how important it is to be true to yourself. My mother and I had many long talks about what she believes led to her becoming gravely ill and almost dying from the side effects of that shot. Her neurological team informed us that her reaction to the vaccine was one they saw on a regular basis.

While I was caring for her, she confided to me that she was still ashamed of the fact that she became pregnant with me while my father and her were dating and that they had to marry. That was the first I had heard of it and I was 45 years old. She also told me that she didn’t want to marry at that time because it meant putting her nursing education on hold. For 45 years she lived her life with a person she loved but who treated her and her children very badly. She had spoken with attorneys several times during the marriage but never had the courage to go through with a divorce so she lived her life lonely and unhappy. Physically she was healthy because as a nurse she stayed on top of the problems that cropped up, but emotionally she was not. She was a private person and hid her problems from almost everyone. The message: Don’t wait to be happy. It might not just make you sick, it could literally kill you and destroy your family. She and I fully believe that this is why she will never recover from complete paralysis and partial blindness. I have to agree with Carl Jung, who said “The greatest tragedy of the family is the un-lived lives of the parents.”

This experience had an enormous influence on my decision to become a Medical Intuitive and my new career is one of the positive things that has emerged from this terrible tragedy. I tell my clients about my mother and her story as motivation to change their lives.

One of my health issues I mentioned above involved periods of excruciating abdominal pain. I couldn't make plans to do anything because I never knew when it would start or stop. This went on for a year.

Test after test revealed nothing. Out of desperation, the doctor removed my appendix, which was not inflamed but coincidentally she discovered a rare form of a carcinoid tumor on it. Such a tumor can be very serious and it fortunately was contained and hadn't spread. We hoped that this was the source of the pain but it turned out that it wasn't.

As a last ditch effort to solve the problem, my doctor and I decided to remove my uterus. After the surgery my doctor said that one of my fallopian tubes had actually wrapped itself around my uterus. She had never seen anything like that before. I instantly knew what had happened. The uterus is the symbolic and chakra site of creativity. I had gone from painting daily and exhibiting in national shows to not painting at all because of stress. My creativity was literally choked off and this was my body's response. I no longer had pain after this surgery after coming to this realization of how powerful the mind body connection really is. I resumed painting because I knew that if I didn't, my body would have to send me an even stronger message about my need to express my creativity and I didn't even want to imagine what that might

Conducting a medical intuitive reading

Like Dr. Mona Lisa, I conduct all of my readings based only on a name and an age and I still use the chart she showed us during the first workshop, with an added section at the top for an initial impression or set of symbols that my guides give me about the client to get me started. The chart is based on the seven chakras (See Figure 1). I note all observations about alterations in each chakra and I enter the information my guides tell me about the client.

As you will see from Appendix A, this information ranges from physical information, through emotional and family characteristics, other relationships, questions I have, suggestions and more.

I also create a symbolic body painting which gives me visual cues. This is my personal way of clarifying my intuitive awareness.

I find a quiet spot and put myself into a meditative state, asking my guides that the reading be for the client's highest and best good. 'Guides' are the best way I can describe the spiritual entities I believe have guided my way throughout my life. I have turned to them whenever I've had questions. I don't know if they are separate from God or if they get their direction from God I believe that my main guide is the spirit of an older male Native American tribal leader and my secondary guide is the spirit of a younger Native American woman.

I start by saying the client's name and age aloud and visualizing their name and age in my head. I begin with an initial impression, usually getting an image or word and I go from there. I often use my books of symbols to research the images I see to help me interpret these for the client. Once I start, I do my best to finish the report in one sitting. Usually the next day I create a symbolic painting.

The symbolic painting is one of the tools I use that seems to set me apart from many other Medical Intuitives. I ask to see the client's body in colors and symbols and I paint on watercolor on paper what I am presented with in my mind's eye. Sometimes the information is straight-forward such as "pay attention to the pancreas" but more often I make symbols and colors in certain areas and have to interpret what they mean. What I receive is a combination of information that confirms what I have already written in the chart/report and different data from the chart/report .

Figure 1. The Medical Intuitive Chart

<i>Emotional Characteristics</i>		<i>Physical Characteristics</i>	
SEVENTH CHAKRA (crown) Purpose in life, relationship with spirit	Client issues	SEVENTH CHAKRA Life threatening illnesses, chronic illnesses, Brain, Nervous system	Client issues
SIXTH CHAKRA (Third eye) Perception, thought, morality, flexibility. Ability to change and blend in psychic ability		SIXTH CHAKRA Head, nose, ears, anxiety, etc. Pituitary gland making and storing of hormones, pineal gland	
FIFTH CHAKRA (Throat) Self expression, will, Pushing forward vs just waiting for things to happen, Communication Activism in the world, voice		FIFTH CHAKRA Throat, mouth, teeth, thyroid, neck,	
FOURTH CHAKRA (heart) Emotions, Intimacy, Nurturance, Partnership, giving vs getting help, Trust issues in relationships Care of others		FOURTH CHAKRA Heart, lungs, blood pressure, cholesterol, Breasts,	
THIRD CHAKRA (solar plexus) Self Esteem; Fulfill responsibility to self and others, discipline Care of self		THIRD CHAKRA Sm. Intestine, stomach, addictions, liver, adrenal, Hormones, Blood sugar, Gallbladder, Kidneys spleen	
SECOND CHAKRA (Sacral) Balancing Relationships vs. Money You and I vs We, Creativity		SECOND CHAKRA Reproductive Organs, bladder, prostate, large intestine, lower back	
FIRST CHAKRA (root) Family issues, Belonging, Trust, safety and security, Caretaking vs. being a loner vs. wishy washy Basic needs		FIRST CHAKRA Base of spine, blood, joints Bones, immune system, Lymph system, Allergies, skin	

I give written reports to the clients before I meet with or talk to them and I also include follow-up care as part of my initial reading. An important part of follow up are recommendations for possible testing with practitioners in their area who are able to validate my readings; recommendations for healthier eating; treatments; exercise options; and other options that might be applicable to their situation. My reports and readings commonly include over 90 points of information. I also have an accuracy form that clients fill out if they wish (See Appendix B).

I do not make diagnoses. I am not a doctor, nor do I conduct lab tests, and it would be completely irresponsible for me to claim to be able to tell someone that they have a disease or disorder. I may say that I hear the word “thyroid,” for example, or ask if they have ever had testing for Hashimoto’s disease or hypothyroidism. I can say that I saw the word “blood” or “alcoholism” or say that I was drawn to a particular part of the body. With emotional issues and family history I may get more specific.

I always suggest that clients investigate any supplements I think might be helpful and recommend that they discuss these with their health practitioner as well as looking up any potential interactions among medications and supplements. .

How my medical intuition has helped my clients

I generally work with three types of clients: those who just want to know more about their general health and how they can live the best quality of life possible; those who have short term ailments or emotional issues and want to know more about their origin and resolution; and those who have long term, chronic illness.

Presently, I have a great many clients with long term, chronic illnesses who have seen numerous practitioners for years without being able to find out the cause of their issues. Most have given up on traditional medicine, having been misdiagnosed and let down in other ways. They are often on a multitude of medications, with various side effects but not many beneficial results. Their families are worried and their conditions have taken a toll on themselves and their families, emotionally and financially.

It has been my experience that in the vast majority of cases, serious illness or accidents come about that create change either in the person who becomes ill or in their caregivers or both. These also happen when stress is present. The stress can take many different forms, such as loss, divorce, financial strain, the illness of someone close, job change or any other change, trauma, difficult relationships, addiction, and many other possible causes.

Aches, pains and minor illnesses tell us to go to bed and rest, to focus on ourselves and regroup. They are the warning signals that tell us we need to address issues that are making us psychologically and physically unhealthy. If we ignore these, God/the Universe/our bodies may have to hit us over the head with an anvil in the form of a serious problem, such as autoimmune disease, cancer, a car accident, blindness, mental illness or any other challenge that can stop us in our tracks long enough to examine the underlying problems in our lives, as in the example of my mother’s situation. I am not saying that we deliberately cause our own illnesses but I do believe that there are times when we see them coming and we allow them to get worse by not addressing our stress or our symptoms or by not taking care of ourselves through exercising or eating healthy foods or whatever else we need to do. We cannot treat our minds and bodies poorly while expecting to be healthy. I am discussing this from the point of view of what I do as an Intuitive. It is my job to help people figure out

what needs to be changed for the quality of their lives to improve according to their own standards, if change is possible.

Although the concept of stress related illness may sound simplistic, keep in mind that during stress our immune system is weaker, making it more difficult for our bodies to fight off organisms that are present all the time, or the development of cancer, mental illness, and other stress-sensitive problems. It is well documented that cortisol produced by stress produces negative effects on every part of the body (American Psychological Association, web reference).

Determining the “reasons” for illness is a huge part of the puzzle of being a Medical Intuitive and one of the parts I enjoy the most, partly because it can be so challenging. Clients can be resistant to discovering the reason for their illness because it often means changing behavior, thoughts, location, jobs, relationships or other parts of their lives that they are used to. Most of us are resistant to change, yet many people complain of being bored. Fear is very powerful and even keeps us from positive change.

A lack of self-esteem or just fear of change often underlies many chronic illnesses. For example, Louise Hay, one of the first to write extensively about the mind body connection and affirmations, describes autoimmune disease as a form of hate turned inward (Hay, web reference). Much of this starts in childhood as messages we receive from parents who often have low self esteem, plus psychological and physiological illnesses themselves. I am proud to help break these destructive, repeating cycles in my work, just as my husband and I have broken them in our own families.

My medical intuitive accuracy

I recently started having clients sign accuracy statements if they are willing to do so. In the beginning I didn't keep track at all, then I started keeping my own notes while meeting with clients. I have my own accuracy statistics for 38 cases plus I have signed client accuracy forms for 22 additional cases so far, for a total of 60 cases. As of the date this article was written I have conducted approximately 96 readings. The 60 cases for which I have statistics show an average of 97% accuracy

Client ‘A’ with reading and drawing Age 47, Dec 2014, 80/83 details correct

Reading done with only a name and age. During our meeting I learned that this client has visited many different doctors and was unable to find any cause or relief for her chronic, debilitating symptoms. They were getting worse and more intense and she was giving up hope. She signed an accuracy statement stating that 80 of the 83 items were correct on the reading.

First Impressions: I received Switzerland and the Swiss Alps. The flag for this country is a red background with a white cross. They remained neutral during both World Wars and were used by both sides. The flag with reversed colors became a symbol for the Red Cross. How are you like Switzerland and the Alps? What to they have to do with you? Your illness has made you less accessible because you have been the moderator, the fixer for everyone's first aid. Do you feel like you are in the middle of things? Have you felt that way since you were young? This is not an uncommon situation for people with autoimmune illness. Your illness has forced you to focus on you rather than be there for everyone else.

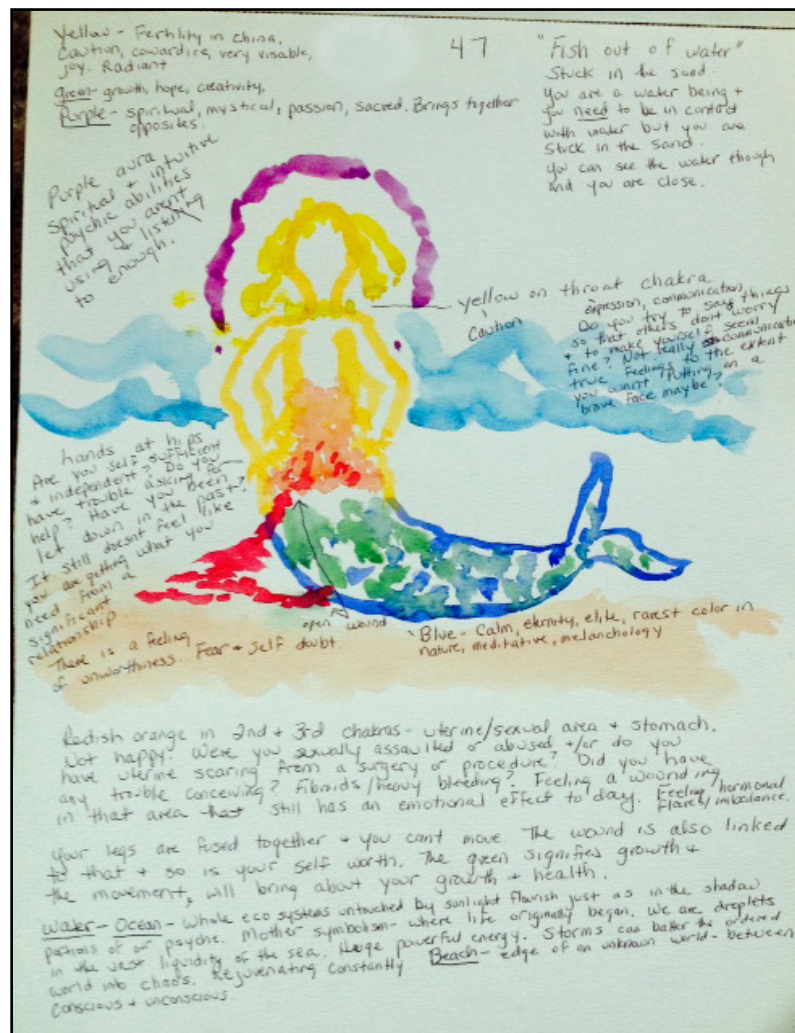
Validations: ‘A’ said that she has been a skier since age 3 and has been all over the world but not to Switzerland but has always wanted to go there. After 911 she went right to the Red Cross tent and asked to volunteer. She met her fiancé while volunteering and he was a first responder. Her mother and grandmother died in a tragic accident when ‘A’ was 21. She confirmed that she always feels like she has to help others before herself.

My suggestions: Extensive testing for Lyme disease with a Lyme Disease Literate Physician, possible hormone balancing for pre-menopausal hormonal symptoms, supplements for general body inflammation, general health, etc.

(See Appendix A for more detailed impressions from A's reading.)

Information learned from client A after reading: Inflammatory markers shown on blood tests, SED rate elevated, ANA elevated at one time positive for Lupus but not any more. Restlessness at night while trying to get to sleep. Felt better and lost weight on gluten free, mostly paleo diet. Lyme disease might be an issue. Symptoms started two years ago after time spent on a farm. Began with joint/knee pain. Tested negative for Lyme but I recommending extensive testing with specialist. Joint pain has subsided. Diagnosed with polymyalgia rheumonica.

Figure 1. Drawing from reading of client A.



Everything in the drawing is significant, especially the colors I have used. I look up the symbolism of the colors in various books and write down what seems meaningful for that particular client. Green is a universal symbol of growth for me, and violet always symbolizes spirituality. Every drawing is quite different, with some looking like human figures and some not at all. I often depict aura colors. Of significance in this drawing is that the client's legs are fused together, making movement very difficult. I have shown a wound in the 2nd/3rd chakra region, which I related to creativity, among other things.

The client stated that she is a very creative person but that she has not been able to express that part of herself for a very long time.

Letter from Client A 's doctor

This was the second patient that I have in common with Katie. Her observations have again paralleled mine and again this is in retrospect. Findings in common are below.

- chronic illness with neurological tingling, joint pain, fatigue, autoimmune activity
- headaches, anxiety
- sensitivities to mold
- inflammation connected with heart and cardiac involvement? (high blood pressure)
- inflammation in intestine, food intolerances
- sugar cravings, blood sugar issues
- trouble with movement, difficulty sleeping
- recommended Lyme disease testing even though she had already been tested and it was negative

In addition, this patient was initially baffled by Katie's diagnostic accuracy before any actual interaction and she tested positive for Lyme Disease after Katie's reading.

Sincerely,
Henry E Childers, M.D.

Client A Statement: Close your eyes and imagine a miracle coming true! An answer to your prayers! A thousand pound weight being lifted off your shoulders!! All from the comfort of your couch! That is the best way for me to explain how it has been working with Katie Beecher! The reading & watercolor drawing she did for me was absolutely incredible! Her accuracy was 98%. My healing, both physically & spiritually, began the moment we hung up the phone from my reading.

I am happy to report that after three years of being sick with no answers from any doctor, I am on the road to remission because of working with Katie Beecher!

Further samplings of readings and evidence of accuracy

Here are some brief case studies, with identifying information removed, assessing my accuracy primarily through medical records given to me by clients after completion of the reading. I have signed statements of accuracy from these clients also, stating that I conducted the readings knowing only their name and age.

The details below are verified by client confirmations and medical assessments. All of these clients have signed accuracy statements confirming that all but 1 to 8 of more than 64 to 107 details in their readings were accurate. Several of these people signed permission allowing their physicians to write letters verifying the information in my readings but unfortunately very few physicians responded, even after repeated attempts by me to obtain the letters.

Client 'B' age 40, 2015, 104/107 details correct

Reading: I feel inflammation, joint pain, autoimmune issues and nervous system issue. Your uterus feels angry and reactive. Have you had cramping and heavy bleeding with periods in the past or some sort of issues? Feeling something amiss with the thyroid and possibly parathyroid. Hypothyroid even if blood levels are "normal". Are you able to speak up and say what is on your mind? Food sensitivities and gut inflammation. Any issues with your teeth?

This client also disclosed after the reading that she had tested positive for Lupus. A *thermographic scan report* confirmed many of my impressions (See Figure 2).

Figure 2. Scan Report

<p>Scan Date: 1/24/2013</p> <p>HISTORY AND SUBJECTIVE COMPLAINTS:</p> <p>First baseline breast scan with full body scan. Client states current: Joint pain, severe flank and abdominal pain near kidney area, right side of abdomen. Numbness and tingling in hands and feet. Cold intolerance. Chronic anemia, heavy menstrual bleeding, possible fibroid, severe PMS. Enlarged uterus. Calcification R-kidney, R- uterus, blood in urine. History: 1986 tonsillectomy, 19912 R- ovarian cyst rupture, 5/2007 breast reduction to reduce nerve pain in shoulder. 9/2008 disc replacement C4-C6. Meds; <input type="text"/> liothyronine.</p> <p>THERMOGRAPHIC INTERPRETATION:</p> <p>HEAD AND NECK: Midfrontal thermal activity is consistent with a degree of sinus congestion. Specific intensity towards the right side of the mouth is consistent with dental inflammation involving this side. Increase across the lower anterior neck may be thyroid related. Laboratory assessment is indicated particularly given reported cold intolerance.</p>
<p>BACK: Hyperthermia at the lower lumbosacral spine appears consistent with joint inflammation. This may manifest clinically as symptoms of low back pain.</p> <p>ABDOMEN: Hyperthermia at the lower sternum is compatible with lower esophageal irritation. A subtle increase is present towards the right upper quadrant as appreciated on the</p>
<p>frontal and the lateral images. This may correspond to the gallbladder and may have relevance to the patient's symptoms. Further assessment is indicated. Increase at the level of the umbilicus towards the left may correspond to the distal colon. Diverticular dysfunction is a specific consideration. Some increase is evident at the central aspect of the pelvis with regards to the uterus.</p> <p>UPPER EXTREMITIES: Hyperthermia involving the anterolateral shoulders as well as the forearms appears to be muscular. Glove like hyperthermia is appreciated and appears consistent with arthritic activity.</p> <p>LOWER EXTREMITIES: Specific intensity is present at the lateral aspect of the left hip and may correspond to underlying joint dysfunction. Markings at the anterior knees are compatible with degenerative change. Extensive vascular patterns are noted bilaterally and appear consistent with superficial varicosities. The feet are hypothermic and this may correspond to peripheral neurologic dysfunction particularly in the context of symptoms of numbness and tingling.</p>

It is of note that the medical intuitive impressions, many of which were confirmed in the thermograms, did not identify all of the findings observed in the thermograms, such as chronic anemia (this could be a symptom of heavy menstrual bleeding), sinus congestion, low back pain and superficial varicosities. My guides do not show me everything physical and emotional detail, generally only what is most important to the current situation.

Client 'C' Age 52, Dec 2014, 100/105 details correct

Client's report:

I heard of Katie thru an online friend who had been suffering with yet -to-be- diagnosed issues. Having had health issues myself, yet to get a full diagnosis, I thought I would contact Katie for a 'reading'. I had seen 13 Medical Specialists, tried everything I could, including steroid shots, acupuncture, acupressure, massage, Reiki, to name a few. Still no Dr could label or tell me why I had such neuralgia pain in my knees.

Katie asked only for my name and my age. We did not know each other, she knew nothing about me. After gaining that information from me, she emailed me a description of what she 'felt as her guides spoke to her', as well as a drawing of my body and issues that she became aware of. Initially she felt intense neuralgia pain from me. As we talked, once she reviewed my mass of medical testing, she had suggestions for me to try, including supplements to fix my chronic acid reflux, as well as vitamins in which I was low. We talked about emotional and physical issues I had. She gave me direction and led me to an Integrative Health Doctor for more testing. So far her accuracy has been about 95% in what she feels is going on in my body and how to treat it.

The nice thing about Katie was I could tell she not only felt what I was going thru in a personal way, she cared. She listened, she directed, she assisted, she recommended, and she kept on until she felt she had found answers. I would highly recommend her to anyone suffering with medical answers. I would highly recommend her to anyone suffering with medical issues that has not gotten sufficient answers thru Western Medicine. She is also a Medium and contacted a friend for me who recently died in a tragic way. This brought me a great deal of comfort and helped with my healing. She has a gift and I am glad that somehow we were led to work together.

Physician's Letter:

I am aware and have read of a Medical Intuitive report for a reading done by Katie Beecher on January 8, 2015 for a mutual patient. The report contained the following:

- neurological pain
- chronic illness that effects daily living
- weight gain
- major loss
- high cholesterol
- adrenal fatigue
- digestive issues and acid reflux
- joint pain and inflammation
- symptoms of Lyme disease

I met with Client 'C' on 3/11/2015 and can confirm that her intuitive findings are accurate. I read the report after meeting with this patient. After a two hour history and physical I reached the same conclusions as Katie. I believe it's extremely affirming to have two different approaches reach the same diagnostic conclusion independently.

Thank you Katie,

Henry E Childers IV, M.D.

Client 'D', Age 39, 2015, 93/94 details correct

From the reading:

"First Impressions: I see a woman in a white dress. She is young, like 20's or 30's and on the thin side. She has long light brown hair. She is twirling and dancing. I ask if she can show me information about you and she takes me down a path in the woods. The colors are mostly brown. I hear the word mushroom, like fungus. There are brown dry leaves about. I'm seeing the bark of trees, like it is peeling. I'm wondering if your skin is very dry and peeling and if you have been losing weight as part of your illness or if there has been wasting away of some sort. What I am seeing is sort of like decay due to lichen. Perhaps you contracted your illness from being out in the woods or it is mold or fungus related"

Client's report:

The client disclosed that she felt that the woman in white was her in earlier years, the way she used to be before she got sick. In addition, she confirmed that she had been in a series of severely abusive relationships which I picked up in the reading. She also disclosed that she was exposed to severe mold for a year and that she has sinus symptoms and headaches from this.

From the medical report:

Diagnosis: Toxic Trichothecene Mycotoxins – YEAST

Remediation of contaminated premises, including the use of HEPA air filtering unit and removal of all contaminated items, is of the utmost importance to remove any mold spores within air of residence.

From the reading:

It feels like you have a chronic illness that has lasted a number of years. I feel neurological issues and other issues to be discussed. Have you gone to many practitioners without getting any real answers? Is this something you feel you have passed on to your baby and do you feel bad about that?

Do you have a daughter? Anxiety, headaches, any sinus pain? I feel like your emotions are heightened because of your hormone levels balancing off after giving birth even if it has been a while. General fatigue.

From the medical report:

"At the time of my initial evaluation she presented with symptoms of severe anxiety associated with a number of undiagnosed physical symptoms for which the treating physicians did not have any explanation"

From the reading:

I see you moving your head from side to side like when your neck is tired or strained. Do you sometimes wish you weren't so sensitive and didn't take on other's feelings? Does what you have involve the heart or were you born with a weakness of the heart or heart issue? Hearing lower back.

From the medical report:

"IMPRESSION AND PLAN 01. POTS(postural orthostatic tachycardia syndrome) – (785.) – Needs lifestyle changes. Increase exercise. Start flurinef. Inc Na and N20 (which pt already has done) Stockings. RTC 3 weeks. If necessary inc flurinef to 2 then add midodrine. BB can be considered when BP improves, though likely would tolerate now." "She had initial vertigo with dizziness as well as back pain."

"CT angiogram of the neck. CLINICAL HISTORY: Pain and weakness and numbness

From the reading:

I wonder if nutrients aren't getting absorbed properly due to intestinal inflammation. Likely adrenal fatigue from all of the stress. Low blood sugar/sugar/carb cravings and candida. Gut bacteria balancing would be helpful.

From medical records:

GI Pathogen Screen Stool Culture Final Report E.Coli isolated. Amount of Growth - Abundant

Blood test: C. Albicans IGG H 2.0 Systemic candidiasis indicated

From the reading:

Feeling autoimmune condition, joint inflammation and pain, mentioned possible skin condition in initial description and sensitivities to molds. Is Lyme Disease a possibility? Any sensitivities to chemicals?

Medical assessment conclusions:

Her symptoms were finally diagnosed as Lyme Disease and Epstein-Barr Disease around August/September 2014 and once that the diagnoses were made, her anxiety reduced markedly and she has been much calmer.

Client 'E' Age 52, 90/98 details correct

This client had been getting severe, debilitating headaches since childhood along with other serious symptoms. She had traveled from doctor to doctor for many years without relief or a diagnosis. She had nearly given up and after the reading told me that I was her last hope. My guides don't always show me the most prevalent symptoms but I have learned that they always show me what is most important. I didn't pick up on the severe headaches but I did pick up on a head injury that happened after the headaches started, inflammation, joint pain, allergies and sensitivities to food, chemicals, perfumes, mold, skin issues like rashes, digestive issues, anxiety, not listening to her intuition and autoimmune symptoms. None of her medical records indicated any abnormalities and she had had extensive previous testing. I strongly suspected Lyme Disease based on my reading and recommended she see a doctor experienced in Lyme. He detected the Lyme bacteria along with two other tick-borne organisms and a severely depleted immune system.

*Physician's Findings:***Figure 3. Medical report**

<p style="text-align: center;">Guilford Holistic Health Practitioners, LLC Dr. Jeffrey J. Klass / Dr. Jessica A. Sedita-Gatto 5 Durham Road, Bldg. 2, Ste B6 Guilford, CT 06437 Phone: (203)453-1906 / Fax: (203)453-2012</p> <p>March 30, 2015</p> <p>Findings:</p> <p>Virus Babesia Ehrlichia Borrelia Toxicity – 18 (scale 0-21)</p>
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Client Statement

I happened to find Katie by chance. I belong to a group and happened to see a post she made and I felt I was suppose to see that post! I have suffered from pain pretty much my whole life. Have done it all, doctors, therapy, medication etc. all to no avail. Not one person that I have been to, throughout my lifetime has ever said to me, "I'm not going to give up on you". I was so taken aback by her saying that, it actually gives me hope. Someone actually is taking an interest and actually caring enough to want to help me be pain free, wow! I am still working with Katie but I cannot say enough about her. I would urge you to call her.....it is not very often that you come across a person that actually cares and has such a big heart

Here are a few more client comments to fill in a bit more of the spectrum of how medical intuition can be of help:

Client 'F' Age 46, June 2014, 79/83 details correct**Client's report**

It started two years ago. The symptoms started out slow-numbness and tingling in my fingers. I started getting pain behind my left eye that came and went. I had stomach issues but that was an old story, I always had those issues. I proceeded to see doctors, had every test in the book and no one could tell me what was wrong with me. I was now in constant pain in my eye/head and I was desperate. No medical doctor was able to help me-all they wanted to do was treat the symptoms with medications that produced side effects and no relief from the symptoms.

I came across Katie Beecher through a friend who thought that her services may help me. I was a little skeptical because I could not understand what kind of information she could provide me without seeing me or even having a copy of all my test results. My feeling was, "What's another few hours of my time?"

Within the first few minutes of our visit, I immediately felt her positive energy and warmth. She presented me with a beautiful, colorful picture of me with all sorts of adjectives and descriptions. She reviewed each of my Chakras and what she came up with was astounding. She was able to surmise the type of person that I am - IN DETAIL - without ever knowing anything about me. More important, she was able to get to where the areas in my body were causing me my problems. Interesting it wasn't just physical limitations but emotional ones too. She was able to pin point the eye pain was coming from my neck which was then verified after an MRI of my cervical spine. She detected inflammation in my intestine, which after going on a gluten free, dairy free diet helped solve life long problems. What I loved too is that not only did she point things out but she gave solutions to consider. It was a very productive and informative few hours but what set her aside from most Practitioners is that she took this on as her own personal mission to help me get to the bottom of it. She truly cared. I got several emails after the fact with additional suggestions.

I am so incredibly grateful that I connected with her. She is a gifted soul who wants to help however she can with her natural abilities.

Client 'H' 2014 Age 52 59/60 details correct**From a Licensed Acupuncturist:**

"You might tune your great intuition a bit more as I do have nodules in my lungs and a bi-cuspid aortic valve that has caused me some issues over the years. Otherwise the reading was spot on.

Thanks.

Client “I” Age 52, 2014, 46/47 details correct

Client report:

To Katie Beecher:

I’ve been blessed to know many wonderful physicians and counselors in my life and I am so *very grateful* that I’ve had the opportunity to meet with Katie Beecher. My session with her exceeded all of my expectations with both my physical evaluation and also her ability to connect with spirit (most specifically my Mom’s!) and were unmatched by any single practitioner that I’ve ever known. Katie is extremely accurate, very compassionate and a truly gifted medical intuitive. She specifically pointed out my experience with breast cancer (I had a lumpectomy in 2010 to remove a small low-grade tumor in my right breast) and no other intuitive had ever mentioned it to me in past readings.

She also had a very strong connection to my Mom who had passed away in 2009. She was able to recount many of my Mother’s physical ailments and conditions with tremendous detail and accuracy (her arthritis and its locations, her thyroid and her pancreas). There was also one incredible event that happened a couple days AFTER my session with her. I had just been very upset by something that occurred regarding my family and it was bringing me much heartache and anxiety. I was literally in the middle of this speaking to my daughter and OUT OF NOWHERE received a text message from Katie. She told me that my Mom said to “knock it off” and that “she can’t get through to you (me) when you are worried all the time” and to stop worrying, everything would work itself out and to back off of the situation (which she described in some detail to my surprise)! She also interjected some funny sarcasm, which my Mom was especially known and loved for when she was here with us. I can only say that it was the closest thing to a phone call from my Mom from the other side, an experience I will cherish and never forget. I printed out the entire conversation and still cannot believe the experience happened in real time out of the blue.

In summary

There is no coming to consciousness without pain.

- Carl J. Jung.

One of the themes of this article relates to the transformational power of pain. If it were not for the pain of the eating disorder, I would not have had the motivation to separate from the dysfunction of my family and find the voice of my true self as a young adult. If it were not for the pain of depression at various times in my life, I would not have had the motivation to figure out what was making me unhappy and create change. If it were not for the pain of the more recent crises I would not have had the motivation to explore the gifts I have had all of my life and become a Medical Intuitive.

This article discusses the concept that when behaviors, relationships or thoughts have become unhealthy and one does not listen to intuition, these are often expressed through the body in physical and emotional symptoms. Not only have I experienced this myself, but I encounter it every time I work with a client. I truly feel that the pain of a physical or emotional illness gives people the motivation to change what is not working in their lives, if they take advantage of the situation. That is what I teach. It goes beyond just working to alleviate the symptoms or finding the root physical cause.

I believe that I have demonstrated, through the use of medical records, physician letters and client reports, that medical intuitives can provide highly accurate information to assist in overall diagnosis and treatment. Findings by medical intuitives should be used as a tool, not exclusively and should be verified by other sources of information when appropriate, such as physical examination and lab

testing by medical professionals. I was not able to find very much research on the topic of accuracy and medical intuition and would welcome the opportunity to have my records and abilities studied further. I intend on becoming certified by the American Board of Scientific Medical Intuition (web reference) founded by Caroline Myss, Ph.D and Norman Shealy, MD, Ph.D as soon as I am able to.

References

American Board of Scientific Medical Intuition <http://absmi.com/>

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Louise Hay www.louisehay.com

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Appendix A: Impressions From Client A's Reading

<i>Emotional Characteristics</i>		<i>Physical Characteristics</i>	
<p>SEVENTH CHAKRA (crown)</p> <p>Purpose in life, relationship with spirit</p>	<p>. You are drawn to the water because it is cleansing and grounding. All life came from water and it is about connection with spirit. You are attracted to sea glass because glass like you is hard and strong yet beautiful and is made from sand. People can step on it . Diamonds are also made from it and they are the hardest substances. *confirmed</p>	<p>SEVENTH CHAKRA</p> <p>Life threatening illnesses, chronic illnesses, Brain, Nervous system</p>	<p>I sense a chronic illness that has resulted from not taking care of yourself and not being connected to spirit and intuition. Feeling neurological tingling, inflammation, autoimmune activity and fatigue. Also sensing family history of similar things.</p> <p>*confirmed</p>
<p>SIXTH CHAKRA (Third eye)</p> <p>Perception, thought, morality, flexibility. Ability to change and blend in psychic ability</p>	<p>You are very perceptive and have been soaking up the emotions of others from a very young age. You likely have psychic abilities as well. You are too changeable and not able to be who you truly are because that wasn't valued. Everyone else's needs came first. *confirmed</p>	<p>SIXTH CHAKRA</p> <p>Head, nose, ears, anxiety, etc. Pituitary gland making and storing of hormones, pineal gland</p>	<p>You have always had lots of things going through your head at the same time. It can be overwhelming and can give you headaches and cause anxiety. Any migranes, severe headaches? Possibly around the menstrual cycle? Might be in the past. *confirmed</p>
<p>FIFTH CHAKRA (Throat)</p> <p>Self expression, will, Pushing forward vs just waiting for things to happen, Communication Activism in the world, voice</p>	<p>I don't feel like you have had adequate opportunity to express your needs or your will throughout your life. I feel like you learned that your feelings and needs weren't important so you stopped voicing them. This has gotten better but it still isn't optimum.</p>	<p>FIFTH CHAKRA</p> <p>Throat, mouth, teeth, thyroid, neck,</p> <p>* Confirmed huge tonsils that may need to be removed and a herniated disc.</p>	<p>I'm being shown your throat. Do you have nodules somewhere or did you? Do you get cold sores in your mouth when stressed or with viruses? Hearing thyroid – Hashimotos? And possibly other glands as well. Any chiropractic work? Might be beneficial. Possible vertebral alignment issues.</p>
<p>FOURTH CHAKRA (heart)</p> <p>Emotions, Intimacy, Nurturance, Partnership, giving vs getting help,</p>	<p>You are emotional and give your heart freely. It is difficult for you to watch others in pain and you have a soft spot for animals. You have trust issues though because</p>	<p>FOURTH CHAKRA</p> <p>Heart, lungs, blood pressure, cholesterol, Breasts,</p>	<p>I feel inflammation around your heart and connected with your cardiac system. This is not an indicator of impending doom or any particular problem. I feel</p>

Trust issues in relationships Care of others	this has been an issue. You are more comfortable giving than receiving help. You have a big open heart for others. *confirmed	*Confirmed elevated blood pressure, cholesterol and occasional heart palpitations. Sleep apnea	labored breathing at times, possibly from exhaustion from over exerting (for your fatigue level now) and from possible inflammation in the lungs too. Anxiety, irritability.
THIRD CHAKRA (solar plexus) Self Esteem Fulfill responsibility to self and others, discipline Care of self	Your self esteem has taken a beating. You don't like how you look or feel. You think that you should have been able to fix things by now and that the things you have done have been for nothing. Very frustrated and very alone. *confirmed	THIRD CHAKRA Sm. Intestine, stomach, addictions, liver, adrenal Hormones, Blood sugar Gallbladder Kidneys spleen	I feel stuck energy and feelings in your throat and throughout your body. Your food can't pass through peacefully. Feel inflammation and discord in your intestines and stomach. Taxed pancreas and blood sugar issues. Trying to feel better with food but it is making you feel worse. Need hormone balancing. *confirmed
SECOND CHAKRA (Sacral) Balancing Relationships vs. Money You and I vs We, Creativity	I don't feel like you are emotionally supported as much as you would like. Your illness has taken a toll on your relationships because of lack of energy, not feeling good about your body, depression, isolating. *Is emotionally supported now but hasn't always been the case.	SECOND CHAKRA Reproductive Organs, bladder, prostate, large intestine, lower back	Dryness, energy issues in lower intestine. *confirmed
FIRST CHAKRA (root) Family issues, Belonging, Trust, safety and security, Caretaking vs. being a loner vs. wishy washy Basic needs	I feel like you have a close family and large support system but that there has also been some chaos and turmoil for lack of better words. I feel like your deepest emotional needs haven't been met at various times in your life and that there may have been issues with male figures or men that impacted you. *confirmed	FIRST CHAKRA Base of spine, blood, joints Bones, immune sys, Lymph sys, Allergies, skin	I feel autoimmune issues, joint pain and trouble with movement sometimes. Do you ever have pain at night while you are sleeping or trying to get to sleep? Allergy/intolerance issues, inflammation. Test ferritin levels. *confirmed

Appendix B: Client Accuracy Form

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This form is to help document my accuracy for both my own learning process and also for research purposes. I am bound by HIPPA law to keep your name and other identifying information confidential. I may share some of this information such as your positive comments, accuracy results, improvements in condition, interesting findings and other related comments but only using a first name and initial or only with initials. By signing this form you acknowledge that you give me permission to do so.

I may be sharing your information, anonymously unless a separate confidentiality form is drawn up, with a scientific journal or with a professional organization that will certify me as a Certified Medical Intuitive. Thank you very much for contributing to my professional development and to this research. Below the form, if you would like to write anything about your experience with this process, I welcome your comments.

I, _____, received a medical intuitive reading from Katie Beecher, LPC on _____ (date). During the reading she revealed _____ pieces of information about my emotional, physical and behavioral health or that of my family members. The majority of this was given to me before even meeting with Katie or giving her any information about myself except my age. The number of pieces of information that were INCORRECT were _____, with the correct information totaling _____.

Client Signature and date

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